



---

### Individual Counseling Session Summary – Community Counseling

INDIVIDUAL COUNSELING SESSION SUMMARY		
<b>STUDENT INFORMATION</b>		
Student Name:		
Banner ID:		
Practicum/Internship Site:		
<b>CLIENT INFORMATION</b>		
Client's Initials:	Client's Age:	Session Number:
Presenting Problem:		
<b>EVALUATIVE QUESTIONS</b>		
1. What are the treatment goals for this client?		
2. What were your goals for this session?		
3. Did anything happen during the session that caused you to reconsider treatment goals? How did you resolve this?		
4. What was the major theme of this session? Was there any major content?		

5. Describe the interpersonal dynamics between you and the client during the session. Specifically address your reactions to the client and why?		
6. What theory and techniques were predominant in this session and why?		
7. How successful was the session (explain why)?		
8. What did you learn about the helping process from this session?		
9. What are the plans/goals for the next session?		
10. What specific questions do you have for your supervisor regarding this and/or future sessions? (Include tape counter numbers if submitting a tape for review with this form.)		
<b>SIGNATURES</b>		
Student Signature	Printed Name	Date